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wt., 26 sty 2021 o 21:56

napisał(a):

Sz. P. Prezydent RP Andrzej Duda

Sz. P. Marszałek Sejmu Elżbieta Witek

Sz. P. Marszałek Senatu Tomasz Grodzki

Sz. P. Premier Mateusz Morawiecki

Sz. P. Wicepremier Jarosław Kaczyński

Sz. P. Minister Zdrowia Andrzej Niedzielski

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Sz. P. Minister Sprawiedliwości Zbigniew Ziobro

Sz. P. Minister Michał Dworczyk
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 Sz. P. Prezes Najwyższej Izby Kontroli Marian Banaś
 Sz. P. Rzecznik Praw Pacjenta Bartłomiej Łukasz Chmielowiec

Rada Miasta Poznania
 Agencja Oceny Technologii Medycznych i Taryfikacji
 Naczelna Izba Lekarska
 Porozumienie Zielonogórskie
 Ogólnopolski Związek Zawodowy Lekarzy
 Solidarność Sekretariat Ochrony Zdrowia
 Zarząd Główny Związku Nauczycielstwa Polskiego
 Krajowy Sekretariat Nauki i Oświaty NSZZ „Solidarność”

Do wiadomości:

Sz. P. prof. dr hab. n. med.
 Sz. P. dr hab. n. med.
 Sz. P. prof. dr hab. med.

Szanowni Państwo,

Dzisiejszą część mojej petycji dedykuję Panu Premierowi.

#	Kraj, Inne	Łączna liczba spraw	Nowe sprawy	Całkowita liczba zgonów	Nowe zgony	Całkowita odzyskana	Aktywne przypadki	Poważne, krytyczne	Tot przypadka h / 1M pop	Zgony/ 1M pop	Łączna liczba testów
	Świata	100,556.96	274 407	2,157,787	8 715	72,514,873	25,884,309	110,335	12,901	276.8	
14	<u>Polska</u>	1,482,722	4,604	35,665	264	1,243,575	203,482	1,449	39,202	943	8,422,165
90	<u>Norwegia</u>	61,463	148	550	2	53,299	7,614	32	11,287	101	3,309,126
98	<u>Finlandia</u>	43,12	348	655		31	11,465	21	7,775	118	2,747,960

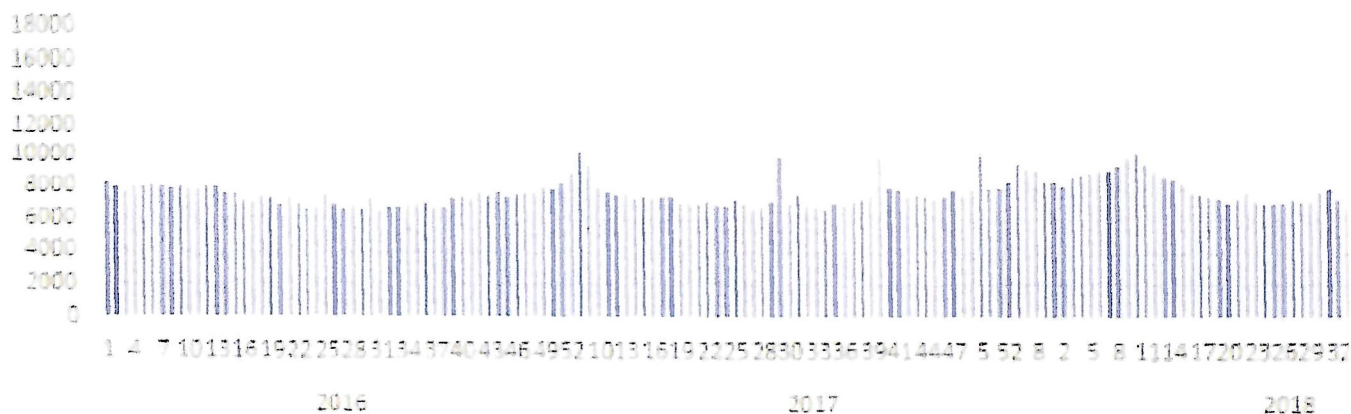
Panie Premierze, ten obrazek/tabelka w Worldometer.info mówi wszystko o tym, co się wydarzyło w Polsce ostatniej jesieni i zimy.

Kraje ze średnim poziomem (stężenie 25(OH)D) = 26-28 ng/ml vs Polska z poziomem = 17,7 ng/ml w 2014 roku.

8 razy więcej osób na 1 milion mieszkańców zmarło w Polsce. W Helsinkach(562 570) i Oslo(693 491 mieszkańców) ludzie prawie nie umierają.

Mniejszy Poznań miał dzisiaj kolejne ofiary.

Największa tragedia zaczęła się w 40 tygodniu 2021 r., gdy nałożyły się: jesienny brak witaminy D, zapaść/lockdown służby zdrowia i brak systemów leczenia trudnych i ciężkich przypadków COVID-19



Rok ▾ Nr tygodnia ▾

Figure 7 pokazuje poziom witaminy D w Finlandii i Norwegii

Vitamin D and COVID-19: evidence and recommendations for supplementation
(royalsocietypublishing.org)

Ta praca pokazuje jak wyglądała sytuacja w Polsce w 2014 roku

Ocena stanu zaopatrzenia w witaminę D w populacji osób dorosłych w Polsce Assessment of vitamin D status in Polish adult population]

Zakład Biochemii, Radioimmunologii i Medycyny

Doświadczalnej, Instytut „Pomnik - Centrum Zdrowia Dziecka”, Warszawa 2 Klinika Pediatrii i Zaburzeń Rozwoju Dzieci i Młodzieży, Uniwersytecki Dziecięcy Szpital Kliniczny, Uniwersytet Medyczny, Białystok 3 Instytut Ochrony Zdrowia, Państwowa Wyższa Szkoła Zawodowa, Suwałki 4 Unipharm Sp. z o.o., Warszawa

<https://www.nestlenutrition-institute.org/docs/default-source/poland-document-library/publications/secured/61bba66bb8585f926b2c3e1de8c92ff3.pdf?sfvrsn=0>

Wyniki: Średnie stężenie 25(OH)D w populacji wyniosło $17,7 \pm 10,1$ ng/ml. **67,5% osób miało stężenie 25(OH)D < 20 ng/ml**, 22,8% - stężenie suboptymalne (20-30 ng/ml), a jedynie 8,4% miało stężenie optymalne (30-50 ng/ml). **W ujęciu sumarycznym u 90,3% badanych osób wykazano głęboki deficyt lub niedostateczne zaopatrzenie ustroju w witaminę D, tj. 25(OH)D poniżej 30 ng/ml.** Wyższe wartości wit. D obserwowano u osób starszych niż w młodszych grupach wiekowych. Ponadto stwierdzono istotnie niższe stężenie 25(OH)D u osób z otyłością ($15,1 \pm 8,2$ ng/ml), w porównaniu z badanymi o BMI < 30 kg/m² ($18,2 \pm 10,3$ ng/ml; $p < 0,0001$). Ze zwiększonym ryzykiem niedoboru witaminy D wiązały się: płeć męska, młodszy wiek, wyższa masa ciała i wyższy BMI.

Wnioski: Wyniki naszego badania, obejmującego największą dotychczas pod względem liczebności populację polską, pozostają zgodne z większością aktualnych raportów, potwierdzając bardzo dużą skalę niedoborów witaminy D w naszym kraju. Stan zaopatrzenia dorosłej części społeczeństwa w witaminę D, przynajmniej w miesiącach zimowych, jest niezadowolający i wymaga działań prewencyjnych lub interwencyjnych.

Czy Pan premier wyciągnął wnioski? Czy doradcy Pana Premiera o tym nie wiedzieli? Czy w rządzie ktoś zarządza tym kryzysem? Każdy dzień zwłoki w działaniu to kolejne ofiary, setki ofiar.

Jako były informatyk, kierownik projektów, analityk procesów, a obecnie analityk danych, z kilkudziesięcioletnim doświadczeniem, podpowiem coś Panu. Niech Pan zacznie od analizy najsłabszych stron. Podpowiem Panu pierwsze z brzegu.

Słabe strony:

1. **brak informowania o sposobach poprawienia odporności (patrz [View of Naturalne metody wspomaganie odporności w walce z koronawirusem | Wiedza Medyczna](#))**
2. **brak informacji o najprostszej suplementacji typu: Vit D3 K2MK7, kwercetyna, Vit C, NAC, cynk, selen, laktoferyna, jeżówka, Vit B complex, vit E, kwas alfa-liponowy, propolis, AHCC itd. poprawiającej odporność**
3. **brak informacji o sposobach poprawiania mikrobiomu**
4. **brak podstawowych badań ludzi 70+, takich jak poziom witaminy D, poziom stężenia cynku, stosunek glutationu aktywnego do puli nieaktywnej, badanie układu immunologicznego - prawidłowy odsetek limfocytów, niedobór immunoglobulin, markery stanu zapalnego**
5. **brak reakcji profilaktycznej i leczniczej, czyli pakietu profilaktycznego dla osób zarażonych we wstępnej fazie i osób na kwarantannie, oraz osób leczących się samodzielnie w domu (duże dawki Vit C, Vit D3, Iwermektyna, cynk, melatonina, aspiryna (patrz: [I-MASK+ Protocol Downloads & Translations | FLCCC | Frontline COVID-19 Critical Care Alliance](#)))**
6. **brak reakcji na informacje naukowców i lekarza pulmonologa o skutecznym leku ratującym życie (patrz [amantadyna i 9 miesięczna zwłoka](#))**
7. **brak reakcji na informacje naukowców o skutecznych lekach (patrz [iwermektyna, Vit C dożylna](#))**
8. **brak skutecznych protokołów leczenia ciężkich przypadków (patrz: [MATH+ Protocol & Translations | FLCCC | Frontline COVID-19 Critical Care Alliance](#))**
9. **brak działań w największych skupiskach ludzi starszych i chorych jak DPS-y i Domy Opieki**
 - nie przeprowadzenie w DPS badań lekarskich przed suplementacją podnoszącą odporność
 - nie dostarczenie do DPS pakietów np.z witaminą D3 K2MK7 4000 IU + Magnez + NAC + cynk dla wszystkich podopiecznych 70+ w tych domach
 - nie przekazanie informacji do DPS i samorządów (patrz [Poprawy odporność tysiEcy starszych ludzi w Polsce – apel do Samorządowców | antrejka.pl](#))
10. **Niekorzystanie z wiedzy naukowców na temat profilaktyki i zwiększenia odporności w prosty sposób (zwiększenie poziomów Vit D, glutationu, stężenia cynku itd. patrz [spotkanie u Prezydenta Oficjalna strona Prezydenta Rzeczypospolitej Polskiej / Aktualności / Wydarzenia / Spotkanie z ekspertami na temat odporności w obliczu pandemii COVID-19](#))**
- Brak zdecydowanych działań pomimo obecności tylu Pana doradców: prof. [\[imię\]](#), sekretarza stanu p. [\[imię\]](#) i przedstawiciela GIS p. [\[imię\]](#).**
11. **Leczenie przez teleporady, rozwój ciężkich chorób, w tym nowotworów bez właściwego leczenia.**
12. **Brak dostępnych statystyk z Polski z jakim poziomem stężenia 25(OH)D przychodzą do szpitala ludzie, którzy potem umierają i czy mieli w szpitalu zwiększany poziom.**

Kiedy już Pan wypisze sobie wszystkie słabe strony trzeba wypisać listę zadań do każdego z tych punktów, które mają być wykonane, aby za tydzień słabych stron już nie było. Każdy dzień zwłoki to odpowiedzialność za śmierć setek osób.

Na Pana miejscu na początek zaprosiłbym specjalistów od budowania odporności i uruchomił natychmiast akcję ratowania ludzi najsłabszych, którzy sami sobie witamin nie kupią i do lekarza na badania nie pójdą, a szczepionki są dla nich zbyt niebezpieczne.

Pisałem o tym już do wicepremiera i do ministra zdrowia. Pan jest ich szefem. Działajcie Panowie.

Niech strażacy i wojacy z Obrony Terytorialnej, którzy dostarczali nam kiedyś maseczki, dostarczą do wszystkich DPS-ów i Domów Opieki pakiety profilaktyczne dla wszystkich podopiecznych, tylko w tydzień, a nie w kwartał.

Drugi ruch to wielka kampania edukacyjna we wszystkich tv, radiu, portalach, z wykorzystaniem wszystkich kont posłów i senatorów na FB i Twitterze, żeby młodzi ludzie informowali swoich rodziców jakie badania muszą zrobić i dlaczego muszą iść do lekarza a potem suplementować się i poprawiać odporność.

Witamina D 2000-4000 IU, powinna być zalecana wszystkim starszym ludziom, którzy siedzą w domu i nie otrzymają zakazu poprzez teleporadę ze swoim lekarzem. Ludzie starsi i otyli powinni mieć zalecenia suplementacji 4000 IU lub więcej.

Ostatnie wiadomości:

Niedobór witaminy D 5 krotnie zwiększa ryzyko zarażenia Sars-Cov-2

[Vitamin D Deficiency Associated With Increased COVID-19 Risk - Consumer Health News | HealthDay](#)

Mexico City - kolejne spadki po uruchomieniu iwermektyny

[Główna / Twitter](#)

Włochy - dopuszczenie leku hydroksychlorochina

[En Italie, le Conseil d'Etat dit OUI à l'hydroxychloroquine comme traitement contre la Covid-19 \(francesoir.fr\)](#)

Mocny apel z Przemysła:

[Zacznijmy leczyć COVID-19, aby uratować nasze zdrowie, życie i gospodarkę |](#)

[Niepubliczny Zakład Opieki Zdrowotnej OPTIMA w Przemysłu \(przychodnia-przemysl.pl\)](#)

Śmierć po szczepieniu:

[Zmarł dzień po szczepieniu. Są nowe szczegóły na temat 73-latka z Oleśnicy \(msn.com\)](#)

Po lekarstwo do Niemiec:

[Koronawirus. Gersdorf zakażona, leczy się amantadyną z Niemiec - Wiadomości \(onet.pl\)](#)

A gdzie w Polsce kupię Iwermektynę i który lekarz wystawi mi receptę?

z poważaniem